

Dr. Adeel Popalzai is a native of Southern California. He completed his bachelor's degree in Psychbiology from the University of California, Los Angeles. He then went on to complete his medical training at Western University of Health Sciences in Pomona, California. Following medical school, he initially trained in the field of Physical Medicine & Rehabilitation (PM&R) at Nassau University Medical Center in New York. While in training, he developed a strong interest in the fields of stroke, traumatic brain injury, and movement disorders. He also authored a chapter in the Oxford Handbook of Physical Medicine & Rehabilitation. It was during his training in New York that Dr. Popalzai advanced his interest and passion for Neurology and neuroscience. He decided to forego the second half of his training in PM&R, and transferred to LA County/USC Medical Center where he completed his residency and training in the field of Neurology.



Dr. Popalzai is a board certified Neurologist. His primary areas of interest are movement disorders (i.e. Parkinson Disease), stroke, traumatic brain injury, and neuro-rehabilitation. He serves as Clinical Assistant Professor of Neurology at Western University of Health Sciences. In addition, he has extensive experience with deep brain stimulation (DBS) and is currently involved in several research studies involving DBS and Parkinsons Disease.